



Department: Student Services

Study Skills Workshop

Announcement (3/2018)

Section: Student Counselling and HIV/AIDS Coordinator

The Department: Student Services is presenting a study skills workshop. The workshop provides students with academic support to enable them to develop effective study skills in order to excel in their academe. The following components will be covered in this workshop:

Note taking, time management, test preparation, concentration, procrastination, test anxiety and study skills techniques.

The objectives are:

- to improve on concentration skills;
- to improve listening and note taking skills;
- to develop effective study habits and techniques and
- to prepare effectively for test.

Dates: Wednesday, 28 February 2018

Venues: SRC Boardroom, Department of Student Services

Time: 11:30 - 13:00

Enquiries:

Ms Alta McNally: Student Counsellor and HIV/AIDS
Coordinator
T: +264 61 207 2453
E: amcnally@nust.na

NAMIBIA UNIVERSITY
OF SCIENCE AND TECHNOLOGY